



AIGUA  
WELLNESS  
by Es Moli



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## MORE THAN A HOLIDAY AIGUA AT HOTEL ES MOLÍ

Since 2011, Hotel Es Molí wellness has been a sanctuary of calm and restoration. In 2026, we introduce AIGUA.

AIGUA, the Catalan word for water, is our signature ritual collection.

Rooted in island ingredients and restorative techniques, AIGUA is designed to reset the nervous system, release muscular tension and restore natural vitality.

Two signature rituals. Face and Body. Enhance your experience with curated extensions.

This is your return to water.

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## BEFORE YOUR VISIT

Please book directly with the wellness team or hotel reception.

Inform us of: Pregnancy within the first 12 weeks

Recent surgery

Medical conditions

Allergies

Arrive 10 minutes before your appointment.

Late arrival will reduce treatment time.

Cancellations require 24 hours notice to avoid full charge.

Enhancements must be booked in advance to ensure availability.

Please be mindful of sun exposure before and after your treatment.



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## THE AIGUA SIGNATURE RITUALS

### AIGUA BODY

50 minutes 150€

A restorative full body ritual using Sublime Oils crafted on the island. Choose your intention: Lymphatic, gentle rhythmic drainage to reduce fluid retention and inflammation. Relaxation, calming and nervous system regulation. Deep Release, focused muscular work to relieve tension and improve mobility. Focused treatment areas include back, legs, arms and neck. Designed to improve circulation, support detoxification and create deep physical reset.

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### AIGUA FACE

50 minutes 150€

A sculpting and restorative facial ritual. Cleanse. Tone. Exfoliate. Lift. Drain. Mask. Using Sublime Oils made in Spain, this treatment combines lymphatic stimulation and lifting massage techniques to support collagen activation, reduce puffiness and restore natural radiance. Designed for recovery, vitality and visible glow.

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20 minutes each 50€

\*\*Enhancements are available exclusively  
alongside a signature ritual.\*\*

- Extra Massage Extended muscular focus for deeper release.
- Full Body Exfoliation Complete skin renewal and preparation.
- Face and Scalp Massage Deep relaxation and tension relief.
- Red Light Therapy and Microcurrent Collagen stimulation,  
lifting and cellular activation.
- Body Cupping Therapy Improves circulation and releases  
stagnation.
- Facial Cupping and Gua Sha Sculpting Enhanced drainage and  
contour definition.

### AFTER YOUR RITUAL

Avoid direct sun exposure for 24 to 48 hours after facial  
treatments.

Remove excess facial oils before sun exposure.

Hydrate well.

Apply SPF daily.

All products used during your ritual are available for purchase.



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Therapist

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Date & Time

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